

Quarterly Newsletter

Greater Kansas City Chapter



2023 ONS ANNUAL BANQUET



• **Tuesday, May 2nd, 2023**
5:30 PM – 8:30 PM •

• **11184 Lackman Rd,**
Lenexa, KS 66219 •

Please join us at the Greater Kansas City Chapter Annual Banquet! You can expect delicious dining, amusing entertainment by comedian Greg Warren, and meaningful camaraderie with your ONS friends and colleagues. The banquet gives us a chance to take a break from the good work we do every day and to enjoy each other's company. We hope to see you there!

Agenda:

- 5:30: Registration, drinks, and camaraderie
 - 6:00: Welcome
 - 6:15: Dinner from Katie's Catering
 - 6:45: Guest speaker: Comedian Greg Warren
- 7:45: Closing remarks, Games, Raffle. Bar will remain open until 8:30!

RSVP via Survey Monkey: <https://www.surveymonkey.com/r/SZ8JGLC>

A little about our comedian:

Greg hails from St. Louis, MO, where his father was a high school wrestling coach and his mother made him play clarinet in the band. Greg was also a West Point Cadet, where he distinguished himself by amassing an impressive tally of demerits and endless hours of pointless marching. After moving on to the University of Missouri, he studied journalism and became an All-American college wrestler.

Save the Date!

GKCC Annual Banquet
May 2, 2023

Board Meeting
June 1

Online CEU Event
July 18

Certification Review Course
August 26-27

Board Meeting
September 30

Education Fair
October 21

Contact Newsletter Editor:
Maryellen Potts, PhD
mpotts3@kumc.edu

A MESSAGE FROM THE PRESIDENT

By Jennifer Carter

To all GKCC ONS members,

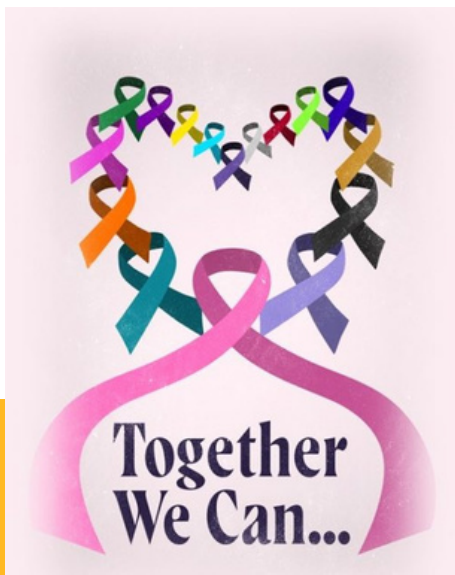
The first quarter of the year has flown by and we so quickly find ourselves wrapping up the month of March and moving on to April. We had a great first online meeting for our CE event, "Cancer-related Cognitive Impairment: Advancing the Science to Improve Quality of Life." Other exciting events are coming up and we will share details as they become available.

In April, we look forward to celebrating our members at our annual banquet and having time to share a meal with old friends as well as new friends who have joined the chapter. Much can be said for finding support amongst our peers who have personal experience in the joy as well as the pressures of being an oncology and hematology nurse. I recall that I have had tremendous support from mentors throughout the course of my career, people who undoubtedly changed my life. So many new nurses have stepped into their careers in the light and the shadow of a pandemic -- this year the GKCCONS board and chapter members can extend an invite to our fellow nurses to come together for education and support. I hope the GKCCONS can offer new opportunities to rediscover the joy of being together and demonstrate the benefits in-person networking can offer. I hope to see you all at our upcoming events this year and of our neighboring chapters.

Jenn Carter



Jennifer Carter, President
GKC Chapter ONS
St Luke's East Hospital
Hematology & Oncology APP



Bra Couture KC Fashion Show & Auction April 21 2023



This annual event includes an auction and runway fashion show, featuring cancer survivors modeling eclectic couture designs to celebrate their triumph over cancer. A tribute to survivors' fighting spirit, Bra Couture KC donates funds to Kansas City service providers.

Bra Couture KC (BCKC) is the only non-profit in Kansas City that has built two cancer service centers physically located within area hospitals, with a new one opening soon. These centers serve uninsured/underinsured patients and are managed by on-site nurse navigators.

Sponsorship and tickets available now
<https://bracouturekc.com/>

MY JOURNEY TO UKRAINE PART 1

By Cathy Glennon

Shortly after the start of Russia's invasion of Ukraine February 24, 2022, Ukrainian doctors contacted Global Care Force asking for help. Disruption in supply chains cut off access to items desperately needed to care for patients and many of their health care staff were deployed to the military. I was part of the mobile medical clinic that provided primary care to residents in central and southern Ukraine. As of December 2022, over 1,250 Ukrainians received primary care through the mobile clinics.

I left 2 days after Thanksgiving and returned home several days prior to Christmas, 2022.

Our mobile primary care team consisted of five: 2 MDs, 2 RNs and a pharmacy tech. Three were from the KC area and two from New Mexico. We went to over nine locations in Ukraine, setting up mobile clinics in churches, community centers, schools, refugee camps or any available facilities. Some facilities had no electricity or indoor plumbing. It was extremely cold so numerous days we worked, and slept, with our coats and gloves on. My role was triage nurse, so I was fortunate to meet with every patient, who were primarily the elderly, women and children since most men were called to the military. Almost none of the patients spoke English so I had an interpreter with me at all times.

(next page)



On the road in Ukraine to a remote clinic



Cathy Glennon and the interpreter

UKRAINE FAST FACTS

OFFICIAL NAME: Ukraine

FORM OF GOVERNMENT: Semi-presidential republic

CAPITAL: Kyiv

POPULATION: 43,745,640

OFFICIAL LANGUAGE: Ukrainian

MONEY: Hryvnia

AREA: 603,550 square miles (1,563,187 square kilometers)

MAJOR MOUNTAIN RANGES: Carpathian, Crimean

MAJOR RIVERS: Dnieper, Dniester

from *National Geographic*

<https://kids.nationalgeographic.com/geography/countries/article/ukraine>

MY JOURNEY TO UKRAINE PART 1

By Cathy Glennon

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Type of health issues the medical team treated patients for were:

- Hypertension
- Cardiac issues
- Diabetes
- Digestive issues
- Thyroid issues due to Chernobyl
- Related cancers from Chernobyl
- Health issues related to sanitation issues due to little water and electricity in some areas, or homes destroyed.
- PTSD for those who have been displaced or impacted first hand by the war, which were all of the patients we encountered.
- Other ailments

Our day consisted of a 6 or 7am start, unloading equipment and medications at the clinic site, setting up the areas for triage, MD exam and pharmacy and then began seeing patients who were already lined up anxious to see an MD, since many had not seen any health care professional since the war started. We would work until the last patient, usually late in the day, or until dark if no electricity. We then drove 3-5 hours to be near our next clinic location to start the same routine; having dinner as we drove in the van with gas station snacks. We stayed in small, local hotels, some without electricity.

It was an extremely humbling experience. The Ukrainian people are stoic, resilient, and grateful. However, they were sometimes tearful when conveying gratitude to us and the U.S. for all the assistance provided.

More of Cathy's story in the next issue of the newsletter!



The medical clinic: no heat, indoor plumbing, or running water



Cathy with patients... now new friends

UKRAINE IN BRIEF

Ukraine, the second-largest country in Europe, is twice the size of Italy and slightly smaller than the state of Texas. Bordered on the south by the Black Sea and the Sea of Azov, Ukraine shares borders with the eastern European countries of Belarus, Hungary, Moldova, Poland, Romania, Russia, and Slovakia.

In February 2022, Putin announced an invasion on the country and sent troops to take over major cities, including the capital, Kyiv. Ukrainian citizens have been fighting back against the attacks, and Zelensky has vowed to remain in the country and fight until Ukraine regains its freedom.

from *National Geographic*
<https://kids.nationalgeographic.com/geography/countries/article/ukraine>

KANSAS CAPITOL HILL DAY

Three members of GKC Chapter ONS attended March 15, 2023

Lori Ranallo, Kristy Reynolds, and Yvonne Ward attended the Kansas Capitol Hill Day in Topeka, KS, on March 15, 2023 as part of a coalition of the American Cancer Society Cancer Action Network. We met with our House and Senate members and voiced our support for expansion of Kansas Medicaid. It was a fantastic experience and an important opportunity to advocate for our communities through the legislative process.

Another GKC Chapter ONS member, Cathy Glennon, will be traveling to Washington, DC and Capitol Hill to lobby for the Leukemia & Lymphoma Society, May 15-17. Cathy serves as the Missouri legislative liaison.

If you are interested in being an advocate, please reach out to our Chapter President, Jenn Carter, for more information.



Kansas Capitol Building, Topeka, KS



ONS members & the American Cancer Society Action Coalition at the Kansas Capitol advocating for Medicare expansion

Pancreatic Cancer Action Network (PanCAN)

PanCAN PurpleStride – the ultimate walk to end pancreatic cancer
Saturday April 29, 2023
60 Events. One Big Day. Together, We Will End Pancreatic Cancer.

University of Kansas Cancer Center Team registration:

https://secure.pancan.org/site/TR/PurpleStride/PurpleStride?team_id=42380&pg=team&fr_id=2556

More information: <https://secure.pancan.org/site/SPageServer/?>

pagename=purplestride_home&gclid=Cj0KCQjwxMmhBhDJARIsANFGOSsLB89WLj3T8qi3llBkuqo0fXhrJ9TcJ6SS-XSJYv7EGZli4I4sqcaAnxWEALw_wcB



OUTPACING MELANOMA 5K

Sunday, May 7 in Corporate Woods
in Overland Park

Proceeds from the annual Outpacing Melanoma 5K Run/Walk support melanoma care and research at The University of Kansas Cancer Center through the Richard A. Klover Melanoma Fund and the Outpacing Melanoma Professorship for the study of malignant melanoma.

Outpacing Melanoma Foundation is a 501(c)(3) non-profit organization dedicated to funding research for and increasing awareness of melanoma by promoting prevention, screening, and early detection throughout the Kansas City region. Melanoma, often neglected, is the deadliest form of skin cancer. Outpacing Melanoma is dedicated to fighting this disease – every step of the way.



REGISTER AT
<https://www.outpacingmelanoma.org/>

KANSAS CITY ROYALS CANCER AWARENESS NIGHTS

June 14 Prostate Cancer Awareness Night

vs Cincinnati Reds 7:10 pm

July 14 Blood Cancer Awareness Night

vs Tampa Bay Rays 7:10 pm

August 11 Breast Cancer Awareness Night

vs St Louis Cardinals 7:10 pm

Tickets: <https://www.mlb.com/royals/tickets>

MELANOMA MONDAY FREE CANCER SCREENINGS

Monday, May 1

12:30 pm - 4:30 pm

Join us for FREE skin cancer screenings on Monday, May 1st! This screening event will be held from 12:30 to 4:30 p.m. in the Dermatology Clinic at The University of Kansas Health System in Kansas City.

NCI Office of Cancer Survivorship "Sexual Concerns of Cancer Survivors: Are We Closer to Addressing this Unmet Need?"

June 13, 2023
2:00 - 3:00 p.m. ET

Register: <https://cancercontrol.cancer.gov/ocs/about/events/sexual-concerns-of-cancer-survivors>

Intended Audience Researchers, advocates, clinicians, and policy makers who have an interest in oncology, cancer survivorship, and sexual health.

NIH NATIONAL CANCER INSTITUTE



Jennifer B. Reese, PhD
Associate Professor
Cancer Prevention and Control Program
Fox Chase Cancer Center